

Conéctate

2000-2020

Network of Promotoras and Community Health Workers

Welcome Network Managers!

LUPITA DE ANDA San Bernardino/ Riverside Coachella

upita De Anda
was born in
Guadalajara,
Jalisco. She has 20
years of experience
as a promotora and
training facilitation in



professional development and leadership, grassroots organizing, program development, strategic planning and popular education. She has worked in the Coachella Valley, San Bernardino and Riverside counties with different nonprofit organizations coordinating and supervising promotores programs focused on prevention and early intervention of mental health illnesses and Ulysses Syndrome (severe depression in migrant people). Lupita worked in the cities of Coachella and Thermal as a Community Health Organizer for the Initiative Poder Popular Para la Salud del Pueblo that aims to improve the health and wellbeing of agricultural workers throughout California encouraging the empowerment, civic engagement and advocacy of natural leaders who became promotores agents of change. Lupita de Anda has worked as consultant for different organizations developing community outreach strategic action plans and training curricula for promotores incorporating popular education as a main principle. The popular education philosophy has guided her community work for several years. Lupita is now part of the Visión y Compromiso team as the Inland Empire Regional Manager, Lupita De Anda lives in Coachella, California, with her life partner of 10 years and her only daughter who is currently studying at California State University San Bernardino.

> Contact Lupita by emailing lupita@visionycompromiso.org

MARIAELENA AGUILAR Condado de Orange/ San Diego

ariaelena
Aguilar has
over 10 years
of experience working
in the community as
Community Health
Worker. Presently,



Mariaelena Aguilar has joined Visión y Compromiso as the Southern California Network Manager, Mariaelena is well known in the San Diego community, she has worked and collaborated with different agencies including nonprofits organizations such as Alzheimer's Association, Project Concern International, San Diego State University, University of California San Diego, in which she highlighted as facilitator. Mariaelena has also worked with other organizations that strive for environmental changes such as park improvements and increased access to fresh, healthy, and affordable food. Mrs. Aguilar was a promotora for the Aventuras Para Niños program of San Diego State University to prevent obesity in children. In 2007 Mariaelena volunteered for Visión y Compromiso as a Regional Coordinator. She also became a Champion Mom for the Champions for the Change program. In her personal life Mariaelena enjoys being in touch with nature, walking, listening to music, and being in the company of her lovely grandson.

Contact Mariaelena by emailing mariaelena@visionycompromiso.org

Vote. Vote. We cannot express this enough!

The last four years have been a reminder of the impact of not exercising our right to vote. Issues that we have worked so hard around immigration, education, and health have been threatened each year with racist policies that have caused families to be separated, a weakened education system, and a fragile health system.

With so much at stake, the Network of Promotoras and CHWs committees have been actively engaging and encouraging all those who can vote to exercise their right. With personal videos motivating family members, videos informing our community on resources available to them to make an informed decision, all with the goal to have our voices heard. We vote because our journey here to the United States has been filled with obstacles, yet, we pushed forward, made this country our home and laid down roots. For many of us, this will be our first presidential election to cast a vote. Now more than ever we must come together and unify our voting power and vote to protect what we as a Network have been working towards, a dignified life for all! We are living in a powerful time! So come election day, vote. Why?

Vote because we are the change we have been waiting for!





VISIÓN Y COMPROMISO EMPLOYMENT OPPORTUNITIES

Please visit our website for more information:

Advocacy Manager

Promotor Comunitario, Riverside (part-time)

Promotor Comunitario, Riverside (full-time)

Lead Promotor, Los Angeles County

Promotor Comunitario, San Fernando Valley

Promotor Comunitario, San Francisco

Promotor Comunitario, Plumas, Humboldt, El Dorado, San Benito and Shasta

<u>www.visionycompromiso.org/</u> <u>employment</u>

• November •

For information about these events and more, visit our events page.

ADVANCES AND RESPONSES TO COVID-19 SERIES

Topics to be announced. Nov 4 & 18 • 5:00–6:30pm

You can also watch videos of previous webinars on our website. FIGHT THE INFLUENZA NOW MORE THAN EVER!

Nov 2 • 1:00-2:00pm

LATINA EMPOWERMENT DAY 2020— THE INLAND EMPIRE

Nov 5 • 9:00 -11:00am

BAY AREA REGIONAL CONFERENCE 2020 Changes and Challenges in Times of the Pandemic

Nov 7 • 9:00-12:00pm

HEALTHY SAN DIEGO

"Ending the year on a positive note"

Nov 17 • 5:00-7: 00pm