

Celebrating Our 2020 Accomplishments

WOW, WHAT A YEAR THIS HAS BEEN!

There is a saying that “Every year has events that define the year,” and boy, this year has been one that will never be forgotten! As a family we faced a pandemic, we witnessed a global movement towards social justice, a presidential election that motivated millions of voters to exercise their civic duty, times of joy and times of sadness. However, we faced them collectively, and I feel that made us stronger.

Here at the Network of Promotoras and Community Health Workers and Visión y Compromiso, it was a year of growth not only in projects, but also in staff. As an organization, we continue to elevate, position and integrate the promotor model into health systems, other systems of care and workforce development. Our Legislative Day was carried out virtually and advocated for propositions that impact our Latino community. We had the honor of being able to offer more than \$2.5 million to farmworkers, immigrants, and promotoras in the Central Valley, Northern California, Coachella, and the Central Coast during this pandemic.

For the first time in the history of Visión y Compromiso our annual conference was virtual and it reached internationally! These achievements pushed us to grow and expand our skills and knowledge not only as an organization, but also as promotores!

This year also motivated us to take care of each other, to grow and develop new skills, and perhaps some of us embarked on new paths in our lives. With all that 2020 brought us, I think we should take this moment to reflect and celebrate the victories (big or small).

In this edition we are proud to celebrate the achievements of each of our committees of the Network of Promotoras. Let us focus on the achievements, the resiliency in ourselves, and the events we are most proud of in 2020 as a Network. Like many of you, our committee members faced many obstacles this year, but still overcame them. Although we do not know what awaits us in 2021, I do know that together we can face anything!

Towards a healthy and dignified life,
Norma Benitez
Director of the Network of Promotoras and Community Health Workers



 **Vision y Compromiso...**
 Nov 7 • 🌐

Gracias a todos por su apoyo y participación 🙏❤️😊



Gracias comunidad, voluntarios y personal de Visión y Compromiso

Bay Area Committee
 The committee successfully held its regional conference virtually and more than 100 people attended!



Visión y Compromiso™
 El Comité Regional de la Red de Promotoras y Trabajadores Comunitarios de Costa Central

LE INVITA A PARTICIPAR EN LA CAPACITACIÓN:
PROMOTORAS TRANSFORMANDO FAMILIAS Y COMUNIDADES
 ¡AHORA DE FORMA VIRTUAL, UTILIZANDO LA PLATAFORMA DE ZOOM!

Durante esta capacitación interactiva de 48 horas, los participantes aprenderán a:

- ☑ Ser más efectivo y fortalecer su papel como Promotor Comunitario.
- ☑ Mejorar la comunicación y el dialogo con otras personas.
- ☑ Formar grupos de trabajo y crear una dinámica positiva entre sus integrantes
- ☑ Compartir información con adultos en base al Ciclo de Aprendizaje Experimental y los estilos de aprendizaje de adultos
- ☑ Usar técnicas de educación popular para dar presentaciones en grupos pequeños
- ☑ Motivar a su comunidad a la participación activa.
- ☑ ¡Y mucho más!

COMUNIDAD
 FAMILIA
 PROMOTORA

9 SESIONES DE 9:00 AM - 2:00 PM
 (SE REQUIERE ASISTIR A LAS 9 SESIONES PARA OBTENER EL DIPLOMA)

Viernes 30 de octubre
Viernes 6, 13 y 20 de noviembre
Miércoles 25 de noviembre
Viernes 4 y 11 diciembre
Miércoles 16 de diciembre
Viernes 18 de diciembre

ESTA CAPACITACIÓN SE FACILITA EN ESPAÑOL
 ¡EL CUPO ES LIMITADO!

PARA INSCRIBIRSE, USE EL SIGUIENTE ENLACE:
<http://visionycompromiso.org/events/>

Si necesita ayuda para inscribirse no dude en llamar a:
 María Michel (323) 500-7574
 Para preguntas pueden enviar un correo a: Promotorascostacentral@visionycompromiso.org

Central Coast Committee
 The committee in the Central Coast hosted *cafecitos virtuales* creating virtual spaces for agencies and promotores in the region to connect. With the support of Visión y Compromiso’s Training and Education Department, the committee sponsored a “Promotoras Transforming Families and Communities” training, which is currently training approximately 20 participants.

Coachella Committee
 The committee continued to offer critical virtual workshops each month. This year we also started education caravans which included distributing more than 500 masks to different communities in their region!



Kern Committee
 The Kern committee lost a promotora that was loved dearly by all in her community. To honor the legacy of our beloved colleague Maria Luisa, we organized an event in her honor and raised funds for her family. During our annual conference, our colleague was recognized and in remembrance, the "María Luisa Limón Legacy Award for Visión y Compromiso" was created.



Los Angeles Committee
 The committee in Los Angeles held various webinars and developed an educational video on the changes to the public charge rule that was passed this year. The committee also hosted a training for promotores in Los Angeles and San Fernando Valley on the integration of promotores into the workforce. The training took place via zoom and 23 promotores completed the training!



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El Comité Regional de la Red de Promotoras y Trabajadores Comunitarios de Los Angeles y The Children's Partnership, les invitan a que nos acompañen a este foro educativo:

MIEDOS Y REALIDADES SOBRE LA CARGA PÚBLICA 2020

Abogados de inmigración nos acompañarán en este foro para responder a las preguntas más frecuentes acerca de los nuevos cambios que se estarán implementando a partir del 24 de febrero del 2020.

En este foro usted aprenderá sobre:

- Que es la "Carga Pública" y los cambios recientes a esta regulación.
- Quienes realmente son impactados por los nuevos cambios:
- Cuales servicios sociales son considerados "Carga Pública"
- Que puede hacer usted para protegerse
- Como puede conseguir ayuda legal de confianza
- y mucho más

Martes 17 de marzo del 2020
9:30 am — 12:00 pm

Desayuno y registración
 9:30 am -10:00 am

Restaurant Jaragua
 4493 Beverly Blvd.
 Los Angeles, CA 90004

(estacionamiento gratis en el restaurant y sobre la calle)



Regístrese en línea siguiendo el enlace: www.visionycompromiso.org/events

Para más información puede llamar a:
 Veronica Arciga • veronica@visionycompromiso.org • 323-407-4816

Las Vegas Committee

The Las Vegas committee had a successful “A Summer Without Soda” Campaign— an educational and awareness campaign about the consumption of sugary drinks, that not only reached audiences in Las Vegas, but other states, countries, even Europe! Also our campaign on COVID-19: “I do not see you now to see you later” included hundreds of people sending their photos and videos wearing face masks and sending positive messages to motivate the community to protect themselves from COVID-19.



El Comité Regional de la Red de Promotoras y Trabajadores Comunitarios de Las Vegas, Nevada, en colaboración con el Distrito de Salud del Sur de Nevada, te invitan a que nos acompañe a:

Entendiendo el impacto del azúcar en tu cuerpo



En este taller virtual usted aprenderá sobre:

- ✓ Algunos de los impactos más comunes en nuestro cuerpo por el consumo alto de azúcar.
- ✓ Consejos prácticos y efectivos para disminuir el consumo del azúcar.
- ✓ Que es la campaña de “Un verano sin soda” (azúcar).
- ✓ Como usted se puede unir al reto para disminuir el consumo del azúcar.

Sábado, 18 de julio
10:00–11:30AM

INVITADAS ESPECIALES
Gail Muniz, MPH
Distrito de Salud del Sur de Nevada
Aurora Buffington,
PhD, RDN, LD, FAND

Para registrarse en línea, abra este enlace:
<https://bit.ly/vycnoazucar>

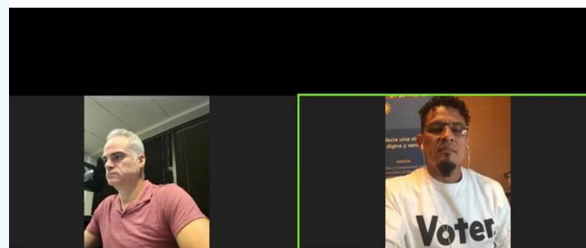
Para preguntas de inscripción comuníquese con las coordinadoras regionales, Miriam o Rosy a promotoraslasvegas@visionycompromiso.org

Para información sobre Visión y Compromiso, comuníquese con: Verónica Arciga, Gerente de la Red de Promotoras en Las Vegas, NV a veronica@visionycompromiso.org



Vision y Compromiso-Napa was live.

Posted by Isalia Vyc
Oct 29 · 🌐



Napa Committee

The committee is proud to have hosted a Facebook Live session on the importance of voting and explaining how to vote by mail. The use of social networks is something new for many of our members and being able to conduct this activity was a source of great pride for the committee.

Madera Committee

The Madera committee planned its first caravan in celebration of the Month of the Promotor in October and recognized promotoras for contributions to their families and community.



¡Gratis!  años
Visión y Compromiso™
2000-2020

El Comité de la Red de Promotoras y Trabajadores Comunitarios en el Condado de Orange les invitan a

TERCERA CONFERENCIA REGIONAL
• una conferencia virtual •
“Promotores unidos por un futuro de igualdad, respeto y esperanza”

25 de septiembre del 2020 9:00am-12:00pm



Orange County Committee

The committee organized its third regional conference, “Promoters United for a Future of Equality, Respect, and Hope.” The virtual conference emphasized the importance of who we are, what is racism and how we can end it, and the ability to develop our resiliency in any situation.



San Bernardino/Riverside Committee

The San Bernardino/Riverside committee held its “Serving from the Heart” event and census trainings. Our committee is proud to be able to witness the historic changes in humanity worldwide and to have maintained the resiliency to continue supporting our families, jobs and our volunteer projects.



December

Wishing you a heart full of hope to welcome the new year!

 años
Visión y Compromiso™
2000-2020

El comité regional de la Red de Promotoras y Trabajadores Comunitarios de San Diego te invitan a participar en el taller virtual:

¿Demencia o cambios debidos al envejecimiento?

MARTES
18 DE AGOSTO
5:00-7:00pm



UC San Diego
SCHOOL OF MEDICINE
Shiley-Marcos Alzheimer's Disease Research Center

FACILITADORA INVITADA:
Ivonne Arias, MSW, Social Worker

Hablaremos sobre:

- ✓ Cuáles cambios son normales al en-vejecer y cuando acudir a su medico
- ✓ La diferencia entre la demencia y la enfermedad de Alzheimer
- ✓ Cómo buscar ayuda en la comunidad

Regístrate utilizando el siguiente enlace:
www.visionycompromiso.org/events



San Diego Committee

Our virtual workshops “Dementia or Changes Due to Aging” and “Managing Anxiety” were very successful and our committee welcomed Mariaelena as our regional manager!



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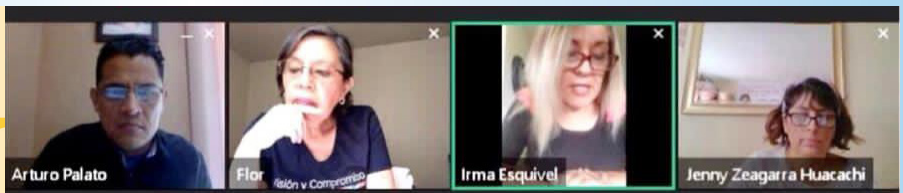


www.visionycompromiso.org



San Fernando Committee

The San Fernando committee held its 6th Regional Conference and 106 people participated via Zoom and even more connected through Facebook. As a committee, we hosted an activity called “Connecting with Essential Resources in Times of COVID-19” and distributed 30 bags to day laborers in the San Fernando Valley filled with essential items and Visa gift cards to buy food.



Stanislaus Committee

The Fourth conference in Spanish on mental health “BIENESTAR ESTARBIEN” coordinated by the Stanislaus committee raised the importance of mental health in our community of promotoras in their region. Like many of the other region’s conferences, this conference was virtual and free.



Tulare Committee

The committee has been learning how to navigate the new normal and manage the challenges of this pandemic. We celebrate that our families are healthy, safe, and our committee is ready for 2021!

**VISIÓN Y COMPROMISO
EMPLOYMENT OPPORTUNITIES**

Project Coordinator, Central California
Promotor Comunitario, Kern, Wood, Ventura y Santa Maria
Advocacy Manager
Promotor Comunitario, Riverside
Promotor Comunitario, Riverside
Lead Promotor, Los Angeles County
Promotor Comunitario, San Fernando Valley
Promotor Comunitario, Plumas, Humboldt, El Dorado, San Benito y Shasta

Please check our website for job descriptions for our current employment opportunities.