Visión y Compromiso™









The Network of Promotoras and Community Health Workers

Dear promotores,

Most of us started this path as volunteers more than 20 years ago, some of us working for the community as volunteers supporting in different ways, giving information, helping families, participating and giving workshops, reaching several families with information on physical health, mental health and supporting children in their education and growth. It is a work of the heart.

Today during Volunteer Month, promotoras in all regions of California and most states, support their community formally and informally. You are the most important people in the community! You reflect the values and customs of our culture and ancestors, create an environment of tranquility and security for our newcomers, lead the way and take the first steps towards normalcy in a new land, you are strong and brave, intelligent and creative, loyal, honorable and trustworthy.

We come from different countries and some of us are born here, but what we have in common is our history of serving our family and community. We bring the spirit of service to our communities. It has been a privilege to be part of this movement of promotores with the Network of Promotoras and Community Health Workers. Thank you for your vision and commitment.

You are essential! You are indispensable!

With appreciation and a big hug,

Maria Lemus

(In person group photos were taken before COVID-19)





Mariaelena Aguilar

Orange County and San Diego Regional Manager

As the Southern California Manager supporting the regions of Orange County and San Diego, I extend my sincere THANK YOU to all the members that make up these two committees. The members are characterized by their leadership, and the work they do to strengthen their regions. Some of them represent agencies, are volunteers and/or work independently, and others have established their own organizations. They are the voice of the communities, sharing information and timely resources allowing their communities to shine, grow, stay strong and healthy. Not only that, but they also advocate for changes in issues of education, health, immigration, and decent housing, among others, thus achieving transcendence. Compañeros feel proud of the

VOLUNTARY work you do, because you shine with your own light, you are owners of passionate and selfless dedication, you contribute your grain of sand and with determination you will manage to turn spaces into places where there's equity and peace at all levels. You have positioned yourself in key places to face every battle, be it COVID-19 or any other difficulty, as healthcare workers and community leaders you have the strength, determination, and unity to face any obstacle. You have learned and will continue to learn new methods to continue providing service from the HEART, which characterizes you and will allow you to CONQUER. Thank you, leaders, promotores, mothers, daughters and wives. Thank you, colleagues and teachers, for that service from the HEART and that work that maintains unity!

Compromiso

San Diego

Jesús

Lupita

Rosa

Alma

Sarah

Maria

With love, Mariaelena



Lupita De Anda

San Bernardino/Riverside and Coachella Regional Manager

They say time is a precious commodity in this day and age and that is why it is hard to find the right words that capture my appreciation for the promotores and community leaders of San Bernardino-Riverside and Coachella Regional Committees who take time from their several occupations to volunteer to our organization's vision of a dignified and healthy life. I am grateful for their willingness to help, their passion, their commitment, and their sense of social justice. Their heart is moved to action when they see their peers and communities in need; their empathy, generosity and dedication are a true inspiration for others who seek to serve; and by this, the volunteer promotores became mentors who also devote their volunteer time to build leadership because they know someone has to continue their legacy. I feel honored to collaborate hand in

hand with them, deeply thankful for the shared experiences, fun times and lessons learned. Volunteer promotores are a beacon of hope for their communities offering them guidance, information, empowerment to raise their own voice and a warm embrace for everyone who needs it, no matter the situation, without judgments, only love in their hearts.

Thank you for everything, always, Lupita





Verónica Arciga

Los Angeles, San Fernando, Central Coast and Las Vegas, NV, Regional Manager

I feel very fortunate to have started as a volunteer for this network of promotores

18 years ago and now hand-in-hand, be able to continue sowing seeds of love with the regional committees of the Central Coast, San Fernando, Los Angeles and Las Vegas, Nevada. The fact that we know that our contribution as volunteers goes beyond an individual benefit, elevates us to be volunteers with "service from the heart." This deeper connection between our vision and human mission leads us to what we at Visión y Compromiso recognize as becoming "hermanos in the network." With deep admiration and respect, I want to thank each of the network's volunteer promotores, and particularly those from my regions, who are the ones I work with every day, for letting me learn from your experience, talents and generosity and continue working together to achieve a more dignified world for all. And we can make it happen! I hug you with my heart.

Your sister in the Network, Verónica









Dora





Comite del Valle de San Fernando







Arturo Palato

Bay Area, Napa, and Stanislaus Regional Manager

Motivated by their service from the heart and dedication to the community, the committees from Napa, Stanislaus, and the Bay Area always display their resilience, especially under the current conditions in 2021. The Napa committee members, even with challenges of all kinds, have organized workshops and virtual forums promoting COVID-19 vaccine and mental health education in the community. They also collaborate with local organizations to plan their second Regional Conference in 2021 and provide information and resources to families in financial distress. The Stanislaus committee, currently in the strengthening stage, has promotores committed in bringing information and resources to the community that has been particularly impacted during the pandemic. They support families and individuals in person who want to get the COVID-19 vaccine and basic food. They have an important role planning the Legislative Day of the Network of Visión y Compromiso. They are also preparing their next Mental Health Conference in October. The Bay Area committee is preparing its 14th Regional Conference in

November. With deep roots in their respective counties, the promotores in this committee are enthusiastic advocates bringing available resources and information to their communities to improve their lives. In addition to constantly preparing themselves, they organize events and forums on public health issues and community resources with the support of public and non-profit agencies. I am very grateful to work and learn from these promotores every day. Their commitment and dedication move me and I am very proud of the legacy they build with their love and compassion; towards a dignified and healthy life for all.

With admiration, Arturo













Nataly Santamaria

Kern, Tulare, and Madera Regional Manager

As a promotora I recognize the value and impact that volunteering has in our communities, and when we talk about the time that each of the members of our regional committees gives, the impact is even more so since all the time they dedicate is invaluable. The members of the committee not only give a few hours a year for a certain project, they put their heart and soul into representing the promotor's voice, advocating for their work to be recognized, and ensuring that the well-being of the community is present. I feel very fortunate and blessed to have the

opportunity to work together with the Kern, Tulare, and Madera regions. Amidst a pandemic, they continue to be that voice and I am sure that together we will continue to advance towards a dignified and healthy life.

Towards a dignified and healthy life, Nataly









For more information about the Network of Promotoras and Community Health Workers, please contact:

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VISIÓN Y COMPROMISO EMPLOYMENT OPPORTUNITIES

Administrative Assistant— Department of Programs

Promotor Comunitario, Riverside

Promotor Comunitario, San Fernando Valley

Promotor Comunitario, Plumas, Humboldt, El Dorado, San Benito y Shasta

Please <u>check our website</u> for job descriptions for our current employment opportunities.

• April •

For information about these events and more, visit our events page.

Answers and Updates to COVID-19

April 21 5:00 - 6:30pm

TULARE

Cafecito virtual April 2 8:30am - 9:00am

Cafecito virtual April 9 8:30am - 9:00am

SAN FERNANDO

Elevating and Vibrating Your Positive Energy April 2 6:00pm - 7:15pm

Promotoras Transforming Families and **Communities** April 6, 9, 13, 16, 20, 23 y 27 de (Cupo limitado)

Uniting Community Ties April 9 9:30am - 11:30am and April 24

10:00am - 12:00pm

MADERA

Cafecito virtual April 14 5:30pm-6:00pm

LOS ANGELES

Promotoras Helping to Prevent Suicide in Our Community April 19 9:00am - 1:00pm

BAY AREA

COVID-19 Case **Investigation and Contact Tracing Impact Update** April 28 6:30 pm

STANISLAUS

COVID-19 Vaccine Education April 30 11:00am - 12:00pm

SAN BERNARDINO/ **RIVERSIDE**

Friends of the Network April 23 5:30pm - 7:30pm

KERN

Emotional Health Forum April 22

*Please note: Unless otherwise stated, these webinars are in Spanish.

Visión y Compromiso™ 19ª CONFERENCIA ANUAL 19th ANNUAL CONFERENCE

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Sheraton Gateway Los Angeles www.vycconference.org



OCT 2021



