

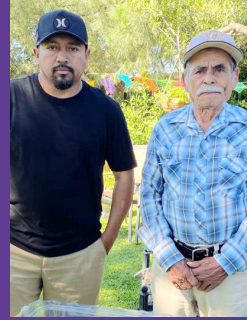
JUNE 2021

Visión y Compromiso™



Conéctate

The Network of Promotoras and Community Health Workers



Visión y
Compromiso
Wishes
All Fathers and
Father Figures:



• HAPPY FATHER'S DAY! •



We want to congratulate every father, new and experienced, as well as all father figures for their love, support, and dedication. You have many roles and responsibilities and still find the time to support your community either through your job, your role as a promotor, or by supporting your spouse as they go and become professionals and promotoras. From the bottom of our hearts, many thanks!

“A father is someone you can rely on, someone who is your role model, someone who is strong, determined, obligated to do the best for his family. A father is like sand in a desert. Without sand, the desert will never exist.”

—DOMINICK

Men, Promotores and Role Models!



Raul Manzo

My path as a promotor started unintentionally. I attended a Visión y Compromiso workshop and realized that there is a great need in our community. At that moment I decided to be a promotor because I love helping and contributing to the community. There is a lot of need and many do not know the resources that are right at their fingertips. It makes me feel very good that I can make a difference in others. I would encourage other men to get involved as a promotor. There is a lot of need so think of your loved ones, if we want a better future for them, we are the ones who must make a difference in all aspects.



Edilberto Torres

My name is Edilberto Torres. I live in the city of Riverside, CA, and I am a member of the San Bernardino/Riverside Regional Committee. I started as a promotor at my children's school seeking improvement in their education. Being a promotor has led me to empower myself as a person and obtain resources to be able to bring them to the community. I have discovered that being a promotor has changed my life and the people around me. That is why I invite men to take the opportunity to discover something new in their life and get involved as promotores. I am grateful to each organization that has empowered me and

given me the opportunity to find my personal growth. I hope to continue this wonderful path of being a great promotor.



Adolfo Martinez

My path as a promotor began due to personal needs. I did not want to be so ignorant, on the contrary, I wanted to learn, have more and better knowledge and be able to share what I learned with my community to improve our lifestyle. I am a promotor because I feel in my heart, love, compassion, and kindness for human beings, and I have the desire to do something good and helpful for my fellow men. I would tell other men that we all have rights, but also obligations and responsibilities. Let's reflect and use our time better, let's educate ourselves and train ourselves to be better parents and human beings to better serve our

families and every human being. Thanks.



Leonardo Domínguez

Hello! My name is Leonardo Domínguez and I am originally from Purísima del Rincón in the state of Guanajuato, Mexico. I am currently 64 years old, and have been married for 46 years now. With my wife we have three grown children. Currently I have the function of President of the ADOVI Migrant Club in Santa Barbara, California. Through this role, I also supported the MJBC group in Purísima. In Santa Barbara, I also supported the youth movement seeking Christ. As I was seeking to have more preparation to be able to carry out my role as president of the ADOVI club, last year I took Visión y Compromiso's Workforce

Training and immediately after, I joined the Network of Promotoras and Community Health Workers in the Central Coast region as well as the Education subcommittee of the Advocacy committee. These training sessions have served me a lot because today I feel more confident and empowered. All of this has helped me to perform more efficiently and have more confidence in myself in continuing to support my groups and community. I want to thank Visión y Compromiso for their great vision of helping our people in training. Having your support is giving me the opportunity to leave a good legacy for our community. Thanks, Visión y Compromiso!

Men's Mental Health Month

June is Men's Mental Health Month and the Promotores and Community Health Workers of Visión y Compromiso are committed on reducing the stigma surrounding men's mental health. We encourage and urge every man and boy to reevaluate their approach to health, make a plan, and follow up with their provider. Remember that "anything that's human is mentionable, and anything that is mentionable can be more manageable. When we can talk about our feelings, they become less overwhelming, less upsetting, and less scary." —Fred Rogers

MEN'S HEALTH MONTH

**Awareness. Prevention.
Education. Family.**

www.menshealthmonth.org

ADVOCACY UPDATES:

Take Action Now to Help Your Community!

Visión y Compromiso supported bill SB464 passed the California Senate. "Food for All" will now go to the Assembly. This bill will provide food assistance to undocumented families that have been excluded for years. SB224 also passed the Senate and will require public schools to provide mental health education in elementary, middle, and high schools. Check the VyC Facebook page to see how you can help!

#Health4All will expand Medi-Cal to all undocumented persons over 50 years of age. Help us get this passed. [Sign this Petition](#) to ask Governor Newsom to include funds in the budget.

President Biden is introducing a [comprehensive immigration reform bill](#) to legalize 11 million immigrants. Congressman Lou Correa (Orange County), meeting with Visión y Compromiso urges promotores to contact their Congress members to support immigration reform. Visión y Compromiso will be scheduling meetings this summer. Check Visión y Compromiso's Facebook page.



Visión y Compromiso™

junio

Mes de orgullo LGBTQ+

Promoviendo la autoafirmación,
la dignidad, la igualdad y
una mayor visibilidad

June

LGBTQ+ Pride Month

Promoting self-assertion, dignity,
equality and greater visibility

**For more information about the Network of
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**Visión y Compromiso
Employment Opportunities**

Administrative Assistant—
Department of Programs

Promotor Comunitario, Riverside

Promotor Comunitario,
San Fernando Valley

Promotor Comunitario, Plumas,
Humboldt, El Dorado, San Benito y
Shasta

Promotor—Crisis Counselor,
Napa, Yolo, Tulare County

Team Leader, Napa, Yolo,
Tulare County

*Please check our website for
job descriptions for our current
employment opportunities.*

• June •

For information about these events and more, visit our [events page](#).

BAY AREA

COVID-19 Renter Relief in Alameda County Thursday, June 17
6:00pm

Workforce Preparation Training
Every Friday in June 9:00am–1:30pm

CENTRAL COAST

Facebook Live Connecting the Central Coast with the Cal-Hope Program of Visión y Compromiso Thursday, June 10
5:00–6:00 pm

The Importance of Honoring Sexual Diversity
Thursday, June 17
6:00–7:00 pm

Culture in Civic Engagement in the USA
Saturday, June 26
9:30–10:30am

COACHELLA

Domestic Violence Awareness Caravan
Friday June 18
5:30–7:30pm

LAS VEGAS, NEVADA

Knowing Our History Facebook Live Wednesday, June 16 6:00–7:00pm

SAN BERNARDINO/ RIVERSIDE

NAMI Virtual Mental Health Presentation
Saturday, June 26
10:00–11:30am

SAN DIEGO

Alzheimer's Disease Is Not Part of Normal Aging
Tuesday, June 29
5:00–6:30pm

Promotores Transforming Families and Communities
June 4, 11, 18 and 25 9:00am–2:00pm

SAN FERNANDO VALLEY

Raising and Vibrating Your Positive Energy Workshop
Friday, June 11
6:00–7:30pm

June Theme: The Importance of Including Male Energy in Common Well-Being Talk: Joining Community Links
Wednesday, June 9 6:00–8:00pm

**Please note: Unless otherwise stated, these webinars are in Spanish.*

Visión y Compromiso™

19^a CONFERENCIA ANUAL
19th ANNUAL CONFERENCE

“Promotoras unidas en esperanza y amor
hacia una vida digna y sana”

“Promotores United in Hope and Love
Towards a Healthy and Dignified Life”

HYBRID: Virtual + Sheraton Gateway Los Angeles

**OCT 2021
7–9**

www.vycconference.org

Visit www.visionycompromiso.org.

