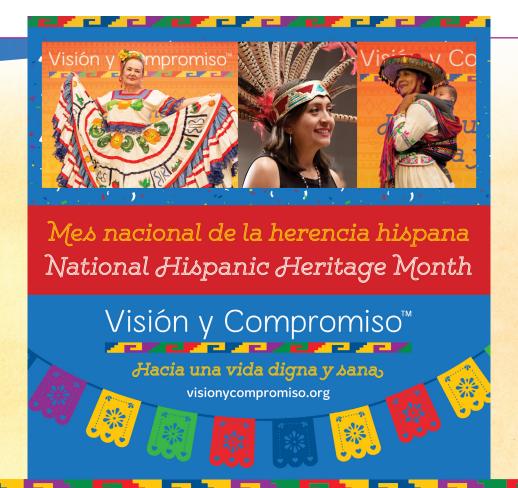


Conéctate

The Network of Promotoras and Community Health Workers

ugust was a busy month for promotores in the Network of Promotoras and Community Health Workers. We had the opportunity to participate in events in person as well as continuing hosting virtual events. As we enter the last quarter of 2022, we are excited to share with you our future events. Be sure to keep an eye out on our month long promotor celebration activities in October, since October is the Month of the Promotor in California. We are excited to celebrate all the accomplishments and contributions in improving the quality of lives of families.

With much gratitude,
Norma and the Network team



Recent Highlights

TULARE

The Regional Committee of Promotoras and Community Health Workers in Tulare continues to carry out its "Emotional Well-Being" workshop series. In the month of August the Program Director of Visión y Compromiso, Hugo Ramirez, presented the topic of "Immigration and Our Mental Health."

During this workshop the promotoras learned how immigration impacts their communities, and become aware of how common stress is in our daily lives. The workshop also provided a message of hope and that it is up to us to take charge of our emotional health.



MADERA

Committee members and other promotores from the region took the training for Community Instructors of the Círculo de Bailoterapia and as a result are able to reach more communities!

During this three-day training, the promotores received tools to lead their groups holistically: covering nutrition, physical health and emotional health. Congratulations to the new Bailoterapia instructors!



COACHELLA

Visión y Compromiso with representation from the Coachella Regional Committee and the Cultivating Our Well-Being Program, was present at the inauguration of the Coachella Valley Community Health Center Clinic on August 18th! We are pleased to share that we have opened new administrative offices within these facilities with a space of multiservices for the whole family. In it you will find teams of promotores representing various educational programs for all ages and our **Network of Promotoras and Community** Health Workers. We celebrate this grand opening and we are pleased to be part of the history of this organization—collaborating and having a great impact on the priority care of the people

of this community and its surroundings.
Congratulations to all the people who made this great project possible.







SAN DIEGO

August was a busy month! We held our last health forum in our series in collaboration with United Healthcare (UHC). Fariba Zarieh from UHC shared a lot of information about the Medicare and Medicaid program. Rita Cruz Gallegos on behalf of Aurrera Health Group also provided much needed information and resources for seniors to optimize their health plans. More than 20 promotores attended virtually and more than 120 people received this information through our San Diego Committee Facebook page. We recommend you watch it at https://www.facebook.com/vycsandiego/videos/1211103706381232

This regional committee also held their annual retreat in which they had the opportunity to get to know each other better and welcome the new members who have just joined the committee. Congratulations!

ORANGE COUNTY

The Orange County committee has remained very active, openly participating in workshops and in the pilot project, "Conversations Between Promotoras," that two promotoras from the Institute of Visión y Compromiso are carrying out as practice. We wish you success!



Members of the Orange County Advocacy Committee have worked tirelessly to promote community work in their region. Such is the case that they have been in frequent meetings with Congressman Lou Correa and Young Kim to return to the issue of immigration reform between the bipartisan parties. Well done!

SAN BERNARDINO/RIVERSIDE

The San Bernardino/Riverside committee continues to move forward creating new opportunities for growth with new members. Friday, September 9, we held an activity that integrated us and allowed us to get to know each other and contribute as promotores to continue advancing the promotor model in the region.



SAN FERNANDO VALLEY/ANTELOPE VALLEY

After two years of only conducting virtual events due to COVID-19, on Saturday, August

20, 2022, the San Fernando and Antelope Valley promotoras very successfully held its 8th Regional Conference "Promotor@s Unid@s in Community Welfare" in-person.



LOS ANGELES

Special Event: Heart to Heart Community Conversation

Total success! On Tuesday, August 30, 2022, Visión y Compromiso held a community conversation where they had the great privilege of listening to more than 50 people about their experiences and needs around access to mental/behavioral health services for young Latinos in Los Angeles County. It was also a great honor to have the presence of Dr. Mark Ghaly, the Minister of Health and Human Services for the state of California. Together we can make the difference!





STANISLAUS

We're back in-person! Like other regional committees, the Stanislaus County committee has also begun holding in-person events and this time participated in the Los Niños Primero community event held at Modesto's Graceda Park on August 12. In conjunction with 25 other local organizations and agencies, the committee donated backpacks and school supplies. Committee members also reached out to 34 families to explain about the Child



Tax Credit and provided resources and information on mental health and the COVID-19 vaccine.

VISIÓN Y COMPROMISO EMPLOYMENT

We're Hiring! ~ We're Hiring!

Please <u>check our website</u> for job announcements of our current employment opportunities.

NAPA

The Napa committee hosted a Lunch and Learn event with friends from local agencies and organizations to present about Visión y Compromiso's community tranformation model as well as upcoming committee activities. Among others, partners from Kaiser Permanente, First 5 Napa, the County Public Health Department, the District Attorney's office, Napa Fair Housing, Homesharing and Open Doors participated. Some showed their interest in participating as members of the committee and others as collaborators in events in 2022. Overall, a great success!



BAY AREA

The members of the Bay Area committee continue to prepare for their 15th regional conference. After two years of the pandemic the conference will be held in-person on November 19 and promises to be of great value with the warmth of promotores' hearts.

The promotoras are also actively participating in advocacy campaigns and meeting with their local representatives, assembly members and congressmen from their electoral districts on issues including housing, immigration and health.



Promotores en cuerpo, mente y espíritu.

Generando cambios, preparándonos con amor y sabiduría.

SÁBADO NOVIEMBRE

Te esperamos para compartir y aprender de temas de abogacia, fuerza laboral y salud mental, entre otros.

Se estará llevando a cabo de manera presencial.

Si tienes preguntas sobre el evento, comunicate con Arturo Palato, Gerente Regional del Área de la Bahía, Napa y Stanislaus: 510-685-3759 • arturo@visionycompromiso.org

WANT TO GET MORE INVOLVED? WANT TO PARTICIPATE IN FUTURE LEGISLATIVE VISITS? WANT TO MAKE A DIFFERENCE IN YOUR COMMUNITY?

Contact Peter Phillips, Advocacy Manager at peter@visionycompromiso.org or via phone at (213) 500-6262.

UNITED IN ADVOCACY

Visión y Compromiso 2022 California Legislative Priorities

8 BILLS PASS THE LEGISLATURE AND ARE ON THEIR WAY TO GOVERNOR NEWSOM



Imigration

- 1. AB 2847 Unemployment for Undocumented (Garcia): passed by Legislature, sent to Governor Newsom for signature.
- 2. AB 1766 Department of Motor Vehicles: Identification Cards (Durazo): passed by Legislature, sent to Governor Newsom for signature

Work Force

- 1. SB 861 Promotores support for dementia, Alzheimer's (Limón): passed by Legislature, sent to Governor Newsom for signature.
- 2. AB 2697 Medical implements a benefit for promoters (Aguiar-Curry): passed by Legislature, sent to Governor Newsom for signature

Health

- 1. Health for All: Expanding mediCal to all undocumented (Arambula): passed by Legislature, sent to Governor Newsom for signature.
- 2. SB 1019 Medi-Cal Managed Care: Expand Mental Health Benefits Outreach (Gonzalez): passed by Legislature, sent to Governor Newsom for signature

Education

- 1. AB 2121 Special education resource for parent organizations (Garcia): passed by Legislature, sent to Governor Newsom for signature.
- 2. Special Education resources (Quirk-Silva): passed by Legislature, signed into law by Governor Newsom

Thanks to Visión y Compromiso's Network of Promotoras who advocated throughout the year for policies to improve the quality of life for families.

You can help make these bills become law.
Write Governor Newsome and ask that he sign these bills:

EMAIL GOVERNOR NEWSOM

-BEYOND THE NETWORK-

Our network is expanding and reaching promotores in Nevada, Nebraska, Utah, Kansas, Arizona, Texas, Illinois and Mexico. Our impact reaches beyond the Network Department through our impactful and effective collaborations with other departments of Visión y Compromiso.

CALIFORNIA MORTGAGE RELIEF PROGRAM

Visión y Compromiso's Program Coordinator, Ruben Ramirez, is leading the California Mortgage Relief program. This program assists individuals who are behind on their mortgage payments due to COVID-19. This program provides up to \$80,000 to qualifying individuals! You can also qualify for this assistance if you are behind on property taxes. This money isn't a loan and does not require the individual to pay it back, claim it on their taxes, and it also will not be added to the loan on the home. Promotoras are available to assist with the application via phone or in person to facilitate the process but do keep in mind that all applications need to be submitted online. If you or someone you know may benefit from this program please don't hesitate to refer them to us. For questions or inquiries please feel free to reach the following promotores:

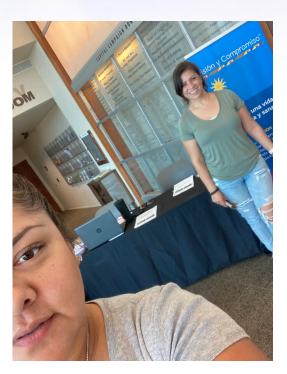
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• Our Calendar •

For information about upcoming events, visit our events page.

UPCOMING CONFERENCES—SAVE THE DATES!

REGIONAL CONFERENCES

Stanislaus Mental Health Conference Oct 29 • 9am–1pm Bay Area Regional Conference Nov 12 • 9 am–2pm

DID YOU MISS ANY OF OUR PAST EVENTS?

You will find the recordings of some of our past events on our **YouTube page**.

Have questions about the work of a promotor? Would you like to know more about a committee in your region? Are you interested in advocating for your community?

PLEASE REACH OUT TO US:



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